

AGE-GROUP RESULTS  
 TURKEY TROT 5K  
 NSA NORFOLK  
 NOVEMBER 21, 2008

FEMALE AGE GROUP: 1 - 29					
Place	Bib	Name	Ag	Official	Pace
=====	=====	=====	==	=====	=====
1	109	ELEANOR DAHL	24	22:11.7	7:09
2	781	KATY TAYLOR	29	23:35.7	7:36
3	821	ELIZABETH BUSCH	21	23:36.6	7:36
4	814	DIANE JEFFERSON	19	23:45.0	7:39
5	457	ADRIENNE STRZELCZYK	27	24:27.8	7:53
6	798	KRISTINA STRUBLE	25	24:48.7	8:00
7	719	DONNA VORPAGEL	23	25:05.8	8:05
8	720	TIFFANY HANSEN	29	25:21.9	8:10
9	86	HEATHER CLAUDIUS	27	25:27.2	8:12
10	23	REGINALD BARTONICEK	27	25:31.1	8:13
11	711	LAUREN GAMMACHE	25	25:39.0	8:16
12	147	CHARITY FAULKNER	23	25:43.6	8:17
13	169	WENDY MEYER	26	25:55.1	8:21
14	824	KATE PARRISH	24	25:58.1	8:22
15	823	JENNY BRITT	27	26:16.0	8:28
16	278	SAMANTHA LIPPOFF	27	26:27.9	8:32
17	484	AMBER TRUDELL	26	26:46.3	8:38
18	710	MEGAN ISAAC	24	27:21.2	8:49
19	813	DIANA BARKS	22	27:50.5	8:58
20	811	AMANDA SCHNEIDER	26	27:52.9	8:59
21	273	CHARLEE LAW	27	28:00.4	9:01
22	784	EMILIE OSTERFELD	27	28:44.3	9:15
23	414	COURTNEY SALMON	19	29:06.3	9:23
24	203	CHRISTA HELSABECK	10	29:26.4	9:29
25	201	JESSICA HEINS	26	29:47.6	9:36
26	717	ANGELA NOVY	28	30:14.1	9:44
27	725	SHASHEEN TENIJIETH	26	30:54.2	9:57
28	807	SARAH BEEMILLER	27	31:00.1	9:59
29	359	SARA PAGANO	29	31:44.9	10:14
30	390	MICHELLE RATHKE	28	31:47.6	10:14
31	418	LASHAUNDRIA SAPP	29	33:23.4	10:45
32	70	MEGHAN BYRNE	24	34:47.8	11:12
33	521	SUSAN WOOD	27	36:07.9	11:38
34	490	SARAH TWIFORD	27	36:31.3	11:46
35	742	LINDSEY RUCKER	25	36:53.0	11:53
36	721	CHRISTYL SCHOULTZ	21	36:53.0	11:53
37	110	MADELINE DAHL	21	36:56.9	11:54
38	776	LATOYA REYNUSO	25	37:42.0	12:09
39	51	ELIZABETH BRANTON	26	41:43.8	13:26
40	467	AMANDA TEICH	27	43:58.7	14:10
41	402	MEGAN ROBISON	20	43:58.7	14:10
42	708	CAITLYN FERNANDEZ	22	47:23.9	15:16
43	701	MYLYNDA HILL	24	47:24.3	15:16

MALE AGE GROUP: 1 - 29					
Place	Bib	Name	Ag	Official	Pace
=====	=====	=====	==	=====	=====
1	698	NICHOLAS WOOTEN	19	18:29.2	5:58
2	163	JOSHUA FREEMAN	23	18:51.1	6:05
3	705	BRYAN JAMES	29	19:59.8	6:27
4	464	CHRIS SZYMCZAK	24	20:19.0	6:33
5	151	ANTON FITZ	29	20:31.6	6:37
6	800	DANIEL ZIMMERLI	28	21:47.6	7:01
7	180	KYURLAN GUZMAN	27	22:05.3	7:07
8	509	JASON WEEDEN	28	22:34.3	7:16
9	330	CHRIS MORRISON	27	22:42.6	7:19

10	323	DANIEL MOLINA	20	22:45.7	7:20
11	837	SEAN MURRAY	26	22:49.4	7:21
12	238	LAVAR JOHNSON	28	23:15.7	7:30
13	389	BRYAN RANDALL	29	23:18.0	7:30
14	318	CRAIG MILLER	25	23:27.3	7:33
15	729	JOEL PEREZ	28	23:59.4	7:44
16	783	GUSTAVO SANCHEZ	29	24:10.6	7:47
17	221	JUSTIN HOOD	28	24:12.8	7:48
18	312	NICHOLAS MEYER	28	24:33.0	7:55
19	797	CLARK PETR5I	27	24:48.5	8:00
20	836	XAOIER NEAL	23	24:55.1	8:02
21	362	MICHAEL PALMER	24	25:09.7	8:06
22	709	ISAIH GAMMACHE	27	25:35.6	8:15
23	703	MARK LEMONS	29	25:46.1	8:18
24	406	DERRICK ROWDEN	29	25:47.8	8:19
25	144	LYLE EVANS	29	25:50.6	8:20
26	712	MARTINEZ MUNROE	25	26:17.3	8:28
27	820	SHAWN PENNEY	22	26:24.0	8:30
28	695	LIAM SCULLY	13	27:06.2	8:44
29	83	DEMETRICE CHATMAN	29	27:49.9	8:58
30	727	TIMOTHY COPE	28	28:00.9	9:02
31	258	KEVIN KODRIN	26	28:20.9	9:08
32	372	SALVADOR PEREZ III	15	28:24.1	9:09
33	805	ABDUL KASIMCAREW	29	28:29.1	9:11
34	63	LARRY BUELL	25	28:46.1	9:16
35	17	MARKO BABIC	29	29:28.9	9:30
36	754	JOE CASTRO	25	30:54.3	9:57
37	835	CHARLES YAHDPELL	28	33:58.6	10:57
38	714	RICHARD GUTIERREZ	25	34:02.8	10:58
39	120	DAVID DEAN	25	39:34.5	12:45
40	410	JEREMY RUSSELL	26	40:28.5	13:02

FEMALE AGE GROUP: 30 - 37

Place	Bib	Name	Ag	Official	Pace
=====	=====	=====	==	=====	=====
1	387	WENDY RAFFERTY	36	22:18.2	7:11
2	733	ELIZABETH CAMPOS-CROWN	31	24:23.8	7:52
3	233	MARGARET JAVORSKY	37	24:38.8	7:56
4	492	JANEL UITERWYK	33	25:29.3	8:13
5	13	CAROLYN ATKINS	37	26:09.1	8:26
6	11	AMANDA ARIAS	30	26:16.1	8:28
7	148	DEBORAH FERMO	36	26:27.0	8:31
8	374	REBECCA PERKINS	35	28:06.4	9:03
9	380	ANGELA POPE	32	28:13.6	9:06
10	777	REBECCA MCCOY	31	28:44.4	9:16
11	358	HEATHER OWENS	30	28:47.3	9:16
12	803	LINDA NICHOLSON	37	29:24.4	9:28
13	9	SONYA ANSAROV	33	29:38.8	9:33
14	838	CLAUDIA BURNETT	36	30:01.5	9:40
15	252	ALICE KING	30	30:18.3	9:46
16	405	SHERRI ROME	37	30:26.4	9:48
17	812	LISA PAOLETTI	31	30:50.7	9:56
18	806	JOANNA HARRIS	35	30:56.3	9:58
19	480	CHRISTINA TORRES	34	32:19.4	10:25
20	164	RICK FURLONG	37	32:34.2	10:29
21	155	CHERIL FLORA	35	33:00.0	10:38
22	277	STACII LEWIS	35	33:23.3	10:45
23	331	AMY MOSCATELLI	34	33:29.2	10:47
24	463	J. ERIN SWIADER	30	34:48.0	11:13
25	465	JESSICA TAYLOR	31	34:54.9	11:15
26	794	MELISSA LEHMANN	30	35:06.1	11:18
27	817	CHRISTINE BASISTA	31	37:22.4	12:02
28	829	STARR SWEETMAN	30	38:09.3	12:17
29	225	BRANDY HUNTER	33	38:56.7	12:33
30	473	HEATHER THOMPSON	36	44:01.9	14:11
31	338	EILEEN NAVE	34	45:14.8	14:34
32	724	DETRA WADE	32	47:18.8	15:14

MALE AGE GROUP: 30 - 37

Place	Bib	Name	Ag	Official	Pace
1	466	JOHN TAYLOR	34	19:09.3	6:10
2	182	DARREN HALE	35	19:29.6	6:17
3	782	SCOTT IRETON	36	20:03.8	6:28
4	284	DONALD LYNN	34	20:08.6	6:30
5	423	NICHOLAS SCHAAL	30	21:25.4	6:54
6	440	JASON SLAUGHTER	34	21:45.3	7:01
7	716	ROGER WINSLOW	30	21:46.9	7:01
8	428	KEVIN SELF	35	21:54.0	7:03
9	832	CHAD BEMILLER	33	22:16.7	7:11
10	723	TIMOTHY KING	30	22:17.1	7:11
11	274	WAYNE LEFEBVRE	35	22:43.0	7:19
12	25	MICHAEL BEARDSLEY	31	22:44.3	7:20
13	833	VIRGIL ESTEVES	36	22:50.3	7:22
14	740	BEN GULLO	34	23:43.8	7:39
15	383	TIMOTHY POWLEDGE	37	23:47.6	7:40
16	250	JOHN KETCHERSIDE	36	23:54.9	7:42
17	819	ADAM TABBE3RT	33	24:26.2	7:52
18	348	JOHN NOLAN	34	24:33.7	7:55
19	309	GEORGE MCLEOD	37	24:45.2	7:59
20	251	TODD STEVEN KILLION	37	25:05.6	8:05
21	426	ERIC SCHOBERG	37	25:15.9	8:08
22	264	CHRISTOPHER KUWIK	33	25:16.1	8:08
23	256	SHAWN KOCH	36	25:22.7	8:11
24	475	DANA THORSON	37	25:28.4	8:12
25	87	WILLIAM CLAY	37	25:34.9	8:15
26	186	JEREMY HAMPTON	36	25:45.4	8:18
27	702	CHRISTOPHER PRUITT	35	25:58.9	8:22
28	752	WILLIAM PEREZ	31	26:03.0	8:24
29	283	JEFFREY LOWE	36	26:23.4	8:30
30	15	JOSHUA AVERY	32	26:23.6	8:30
31	844	LIGERALD JONES	34	26:41.2	8:36
32	458	DONALD STUMP	36	26:46.5	8:38
33	799	RICHARD LEHMKUHL	34	27:21.8	8:49
34	193	D'ANGELO HARRISON	32	27:48.0	8:57
35	726	JUAN ZAMORA	30	27:50.5	8:58
36	184	DAVID HALPERN	35	28:02.5	9:02
37	739	JUAN JIMENIZ	32	30:10.7	9:43
38	793	DAVID ARCHER	31	31:09.3	10:02
39	713	CHRIS FLETCHER	30	31:35.2	10:10
40	391	MATTHEW RAYBURN	35	31:38.0	10:11
41	19	JEFFREY BAKER	30	31:40.9	10:12
42	731	MATTHEW ZARDESKAS	36	32:46.8	10:34
43	241	TODD JOHNSON	37	32:59.5	10:38
44	18	FREDRICK BAKER	33	33:44.0	10:52
45	93	GREG COOK	37	34:09.2	11:00
46	828	JAMIN GARNERHAZELWOOD	31	34:15.4	11:02
47	845	COLLEEN VAUGHAN	32	34:41.5	11:10
48	827	CHRIS POTTHAST	36	34:50.1	11:13
49	489	DAVOD TWIFOLD	31	36:30.2	11:45
50	124	PAUL DEIULIO	33	40:29.4	13:02
51	498	MICHAEL VOIGHT	32	40:29.4	13:02

FEMALE AGE GROUP: 38 - 44

Place	Bib	Name	Ag	Official	Pace
1	700	LANA LAVINE	39	24:36.2	7:56
2	736	DIANE DELANEY	44	25:14.0	8:08
3	158	HELENA FOREMAN	42	26:48.4	8:38
4	384	ROYETTA PRICE	40	27:03.0	8:43
5	345	JILL NEWMAN	43	28:30.6	9:11
6	191	TINA HARGIS	41	29:20.4	9:27
7	187	MICHELE HANCOCK	41	30:47.5	9:55
8	341	LISA NELSON	43	31:08.0	10:02
9	366	CLAUDIA PEART	39	31:51.3	10:16
10	3	CARLA ALBERGOTTIE	43	33:21.6	10:45

11	699	MI CHA KROPF	43	36:26.1	11:44
12	101	KAREN CPOELAND	39	36:32.6	11:46
13	40	GRETCHEN BLACKSMITH	44	39:34.7	12:45
14	287	SHON MAHAFFEY	42	42:28.8	13:41

MALE AGE GROUP: 38 - 44					
Place	Bib	Name	Ag	Official	Pace
=====	=====	=====	==	=====	=====
1	804	DAVID ODEN	42	19:09.0	6:10
2	145	TODD EVELAND	40	19:16.7	6:13
3	722	BLAKE FETROW	42	19:36.4	6:19
4	478	VIRGIL TINKLE	39	19:38.9	6:20
5	60	CHRIS BRUNETT	42	19:50.1	6:24
6	707	JAIME BARR5IUSO	40	20:14.4	6:31
7	831	GARY SPENCE	41	20:22.7	6:34
8	843	FRANCOIS LAUTRET	43	21:02.1	6:47
9	840	RICHARD ALSOP	40	21:29.5	6:56
10	297	DARYL MATTHEWS	40	21:43.1	7:00
11	842	PAUL BUNNELL	41	21:45.8	7:01
12	809	JASON JAVORSKY	39	21:48.5	7:02
13	342	TOM NELSON	42	21:49.3	7:02
14	706	ALBER5TO CAUSAP-GOMEZ	38	21:53.1	7:03
15	796	JOHN TALNAGI	42	21:56.6	7:04
16	12	EDWARD ARMSTRONG	42	21:56.9	7:04
17	818	ANDREW JOHNSON	38	22:18.0	7:11
18	36	ROBERT BESTERCY	44	22:26.0	7:14
19	170	JEFF GILLESPIE	41	22:35.0	7:17
20	115	MICHAEL DANIELS	41	22:45.1	7:20
21	37	THOMAS BISCHOFF	44	22:46.5	7:20
22	77	CURTIS CARROLL	41	22:48.3	7:21
23	49	EUGENE BOWEN	44	23:11.0	7:28
24	355	ALBERT ONLEY	41	23:22.1	7:32
25	347	WILLIAM NOBLES	44	23:28.4	7:34
26	96	SEAN CORKILL	40	23:46.7	7:40
27	20	PAUL BAKER	44	23:55.0	7:42
28	419	GARY SARGENT	41	24:09.8	7:47
29	693	JON YOUNG	39	24:11.8	7:48
30	830	BRUCE PILGRIM	40	24:15.7	7:49
31	493	JEFFREY UPTON	41	24:32.3	7:54
32	526	MARK YATES	43	24:32.8	7:55
33	491	JAN UITERWYK	40	24:37.4	7:56
34	791	CHRIS EDWARDS	39	24:40.2	7:57
35	394	ARTHUR REISS	40	24:46.2	7:59
36	715	GREG REILLY	38	24:53.8	8:01
37	69	STEVEN BUTLER	40	24:55.2	8:02
38	822	PATRICK MCNALLY	42	25:34.2	8:14
39	447	MARK SPRAGGIN	39	25:35.8	8:15
40	381	STEVEN POTTER	40	25:40.1	8:16
41	260	MICHAEL KOTTMER	39	25:42.0	8:17
42	21	JASON BAOY	41	25:49.1	8:19
43	834	SCOTT BENNING	43	25:56.6	8:22
44	190	AARON HARGIS	38	25:57.0	8:22
45	349	JAMES NORRIS	38	26:00.1	8:23
46	166	WILLIAM GERATY	41	26:03.2	8:24
47	734	OSMAN AKKOC	38	26:30.6	8:32
48	815	RODNEY FLORES	39	26:54.8	8:40
49	99	MARK COWLEY	44	26:59.6	8:42
50	767	JOHN SCULLY	39	27:06.1	8:44
51	220	MARCELLA HONE	39	27:17.6	8:48
52	808	HERMAN FAHIE	40	27:20.4	8:48
53	788	LAIN LEWIS	44	27:23.2	8:49
54	753	CHARLES GROVER	38	28:41.5	9:15
55	452	ROBERT STEPHENSON	38	28:56.0	9:19
56	401	LIONEL RINCON	39	29:01.9	9:21
57	276	ANTHONY LESPERANCE	41	29:05.1	9:22
58	839	MICHAEL WESSEL	38	29:31.2	9:31
59	741	CHRISTOPHER JACOBSONEN	39	30:01.1	9:40
60	450	RICHARD STEELE	40	30:41.7	9:53

61	34	GERRY BERNALES	42	31:49.1	10:15
62	207	WILLIAM HERRON	38	32:17.9	10:24
63	128	TAM DINH	38	32:23.5	10:26
64	810	DARRYTL TAYLOR	39	32:37.6	10:31
65	841	PHILLIP SICARD	43	33:01.7	10:38
66	189	JEFF HARBISON	43	33:37.3	10:50
67	686	EDWARD MAIORANA	40	39:33.4	12:44
68	294	JAY MARTIN	41	42:18.8	13:38
69	360	ROBERTO PAGTALUNAN	44	45:29.9	14:39

FEMALE AGE GROUP: 45 - 49

Place	Bib	Name	Ag	Official	Pace
1	195	WENDY HART	48	26:07.4	8:25
2	139	LYNN EDWARDS	48	26:14.8	8:27
3	506	ANGELA WATERS	47	26:49.7	8:39
4	65	LINDY BUNN	46	26:50.6	8:39
5	121	LOUISE DEAN	46	28:33.4	9:12
6	202	ADRIA HELSABECK	48	29:05.7	9:22
7	688	VALERIE BRIGGS	49	43:03.7	13:52
8	157	PAIGE FLORES	47	45:20.2	14:36
9	239	NINA JOHNSON	47	45:26.2	14:38
10	74	LAURIE CANGELOSI	46	46:42.8	15:03

MALE AGE GROUP: 45 - 49

Place	Bib	Name	Ag	Official	Pace
1	453	PETE STOLL	45	18:25.8	5:56
2	142	MARK ERB	47	19:44.0	6:22
3	769	BRYON GRENWALD	49	19:54.0	6:25
4	816	DON THRUSH	49	20:00.5	6:27
5	778	EDWARD WEBSTER	45	20:35.0	6:38
6	352	JOHN OLANOWSKI	45	20:43.9	6:41
7	247	JON KAUFMAN	49	21:08.2	6:49
8	200	NICHOLAS HEDGER	46	21:20.9	6:53
9	285	CARLOS MAARTIN-FULLANA	48	22:00.9	7:06
10	826	DAVID RILEY	45	22:32.5	7:16
11	216	JIM HOLLAND	49	22:37.9	7:18
12	31	GERALD BELLIVEA	48	23:12.4	7:29
13	850	JAMES POWELL	49	23:14.5	7:29
14	728	BRUCE BROWN	45	23:23.8	7:32
15	361	IOAN PALADE	45	23:37.2	7:37
16	779	MARCOS HENSON	47	23:52.3	7:42
17	30	DANIEL BELCHER	49	24:16.7	7:49
18	47	TIMOTHY BOUGHER	48	24:34.3	7:55
19	66	RODNEY BURLEY	45	25:14.5	8:08
20	2	ARTHUR AGUSTIN	45	25:17.3	8:09
21	268	DANIEL LALIBERTE	49	25:22.5	8:11
22	385	WILLIAM PRICE	49	25:51.5	8:20
23	168	ROBERT GERSTNER	46	25:53.8	8:21
24	230	REGINALD JAMES	46	25:57.2	8:22
25	685	MICHAEL BICKEL	46	26:09.9	8:26
26	29	EDWIN BEIN	49	26:41.5	8:36
27	718	PAUL DANIELSEN	49	27:03.0	8:43
28	531	ROBERT YOUNG	46	27:25.2	8:50
29	847	SCOTT POLLPETER	48	27:33.2	8:53
30	848	BRUCE PICKINPAUGH	45	27:56.9	9:00
31	281	JOHN LOFTON	47	28:04.2	9:03
32	204	MICHAEL HELSABECK	49	29:09.3	9:24
33	382	ROBERT POWERS	45	29:30.9	9:30
34	459	LUIS SUAREZ	46	29:34.8	9:32
35	108	ESTHER CUSHMAN	46	29:56.5	9:39
36	790	WILLIAM COHEN	49	30:28.4	9:49

FEMALE AGE GROUP: 50 - 98

Place	Bib	Name	Ag	Official	Pace
1	71	KAREN CABRAL	52	24:10.6	7:47
2	160	LINDA FOX	51	25:28.4	8:12
3	433	CAROLYN SHAHEEN	56	25:37.1	8:15

4	789	DONNA LOONEY	54	33:01.8	10:38
5	802	ESTHER TRINIDAD	50	33:46.3	10:53
6	153	PRISCILLA FLEMMING	50	34:47.7	11:12
7	456	BETH STRAUSSER	50	36:39.8	11:49
8	495	JULIA VAUGHT	50	37:38.9	12:08
9	479	CAROLYN TODY	69	37:56.8	12:13
10	28	THERESA BEICHNER	51	41:16.7	13:18
11	534	KAREN ZUHN	57	46:13.5	14:53
12	67	SANDRA BURRELL	55	46:48.3	15:04

MALE AGE GROUP: 50 - 98

Place	Bib	Name	Ag	Official	Pace
=====	=====	=====	==	=====	=====
1	367	CARLOS PENA	53	18:23.2	5:56
2	339	DEREK NELSON	58	20:40.5	6:40
3	758	BRADLEY JACOBS	52	21:30.2	6:56
4	519	JIM WINTHROP	52	21:36.9	6:58
5	398	RICK RICHARDSON	55	21:43.9	7:00
6	42	ROY BLAKEBURN	53	21:52.5	7:03
7	517	DAVID WILLIS	52	22:14.2	7:10
8	801	JEFFREY LANE	51	23:13.8	7:29
9	787	BOB OLDANI	50	24:20.4	7:51
10	33	DAVID BERKMAN	55	24:21.5	7:51
11	846	EDWARD YOUNG	51	24:54.5	8:02
12	4	GLENN AMES	58	25:17.4	8:09
13	211	DAVID HILL	51	25:20.3	8:10
14	494	JAMES VAUGHT	54	25:32.9	8:14
15	137	LAWRENCE EDGE	59	25:36.5	8:15
16	232	THOMAS JARRELL	50	25:43.2	8:17
17	773	NATHAN ALEXANDER	51	26:27.4	8:31
18	117	JUAN DAVILA	51	26:38.5	8:35
19	64	REDD BUFORD	50	26:53.7	8:40
20	792	PATRICK POWERS	55	27:02.4	8:43
21	133	RICK DOLLAR	50	27:43.4	8:56
22	24	JIM BEACHAM	60	27:49.6	8:58
23	103	BARRY CREED	56	29:00.7	9:21
24	511	WILLIAM WHALEY	51	29:03.5	9:22
25	329	STEVEN MORGAN	54	29:33.0	9:31
26	41	DALTON BLAKE	54	30:11.5	9:44
27	505	STANLEY WASHINGTON	53	32:05.5	10:20
28	785	CLAUDELL FORD	50	32:27.9	10:27
29	261	GEORGE KRAKOWSKI	64	32:45.7	10:33
30	704	ALLEN JR KROPE	51	34:02.6	10:58
31	518	MICHAEL WINSLOW	56	35:49.7	11:32
32	371	VIRGINIO PEREZ	56	36:21.3	11:43
33	7	TOM ANDERSON	51	36:55.2	11:53
34	825	JOSEPH MATUSKY	70	38:25.1	12:22
35	780	WILLIAM NOBLE	53	39:30.2	12:43